

# Efficient Sphere-Covering and Converse Measure Concentration Via Generalized Source Coding Theorems

I. Kontoyiannis

Technical Report TR-99-26, Department of Statistics, Purdue University.  
October 1999; revised May 2000.

## Abstract

Suppose  $A$  is a finite set, let  $P$  be a discrete probability distribution on  $A$ , and let  $M$  be an arbitrary “mass” function on  $A$ . We give a precise characterization of the most efficient way in which  $A^n$  can be almost-covered using spheres of a fixed radius. An almost-covering is a subset  $C_n$  of  $A^n$ , such that the union of the spheres centered at the points of  $C_n$  has probability close to one with respect to the product distribution  $P^n$ . Spheres are defined in terms of a single-letter distortion measure on  $A^n$ , an efficient covering is one with small mass  $M^n(C_n)$ , and  $n$  is typically large. In information-theoretic terms, the sets  $C_n$  are rate-distortion codebooks, but instead of minimizing their size we seek to minimize their mass. With different choices for  $M$  and the distortion measure on  $A$  our results give various corollaries as special cases, including Shannon’s classical rate-distortion theorem, a version of Stein’s lemma (in hypothesis testing), and a new converse to some measure-concentration inequalities on discrete spaces. Under mild conditions, we generalize our results to abstract spaces and non-product measures.

**Index Terms** – Sphere covering, measure-concentration, data compression, large deviations.

---

<sup>1</sup>Research supported in part by a grant from the Purdue Research Foundation.

<sup>2</sup>The author is with the Department of Statistics, Purdue University, 1399 Mathematical Sciences Building, W. Lafayette, IN 47907-1399. Email: [yiannis@stat.purdue.edu](mailto:yiannis@stat.purdue.edu) Web: [www.stat.purdue.edu/~yiannis](http://www.stat.purdue.edu/~yiannis) Phone: int+1 (765) 494-6033 Fax: int+1 (765) 494-0558

# 1 Introduction

Suppose  $A$  is a finite set and let  $P$  a discrete probability mass function on  $A$  (more general probability spaces are considered later). Assume that the distortion (or distance)  $\rho(x, y)$  between two symbols (or points)  $x$  and  $y$  from  $A$  is measured by a fixed  $\rho : A \times A \rightarrow [0, \infty)$ , and for each  $n \geq 1$  define a single-letter distortion measure (or coordinate-wise distance function)  $\rho_n$  by

$$\rho_n(x_1^n, y_1^n) = \frac{1}{n} \sum_{i=1}^n \rho(x_i, y_i), \quad (1)$$

for  $x_1^n = (x_1, x_2, \dots, x_n)$  and  $y_1^n = (y_1, y_2, \dots, y_n)$  in  $A^n$ .

Given a  $D \geq 0$ , we want to “almost” cover the product space  $A^n$  using a finite number of balls (or “spheres”)  $B(y_1^n, D)$ , where

$$B(y_1^n, D) = \{x_1^n \in A^n : \rho_n(x_1^n, y_1^n) \leq D\} \quad (2)$$

is the (closed) ball of distortion-radius  $D$  centered at  $y_1^n \in A^n$ . For our purposes, an “almost covering” is a subset  $C \subset A^n$ , such that the union of the balls of radius  $D$  centered at the points of  $C$  have large  $P^n$ -probability, that is,

$$P^n([C]_D) \text{ is close to } 1, \quad (3)$$

where  $[C]_D$  is the  $D$ -blowup of  $C$

$$[C]_D = \bigcup_{y_1^n \in C} B(y_1^n, D) = \{x_1^n : \rho_n(x_1^n, y_1^n) \leq D \text{ for some } y_1^n \in C\}.$$

More specifically, given a “mass function”  $M : A \rightarrow (0, \infty)$ , we are interested in covering  $A^n$  *efficiently*, namely, finding sets  $C$  that satisfy (3) and also have small mass

$$M^n(C) = \sum_{y_1^n \in C} M^n(y_1^n) = \sum_{y_1^n \in C} \prod_{i=1}^n M(y_i).$$

One way to state our main question of interest is as follows:

$$(*) \quad \left\{ \begin{array}{l} \text{If the sets } \{C_n ; n \geq 1\} \text{ asymptotically } D\text{-cover } A^n, \text{ that is,} \\ \qquad \qquad \qquad P^n([C_n]_D) \rightarrow 1 \quad \text{as } n \rightarrow \infty, \\ \text{how small can their masses } M^n(C_n) \text{ be?} \end{array} \right.$$

Question  $(*)$  is partly motivated by the fact that several interesting questions can be easily restated in this form. Three such examples are presented below, and in the remainder of the paper  $(*)$  is addressed and answered in detail. In particular, it is shown that  $M^n(C_n)$  typically grows (or decays) exponentially in  $n$ , and an explicit lower bound, valid for all finite  $n$ , is given for the exponent  $(1/n) \log M^n(C_n)$  of the mass of an arbitrary  $C_n$ . [Throughout the paper, ‘log’

denotes the natural logarithm.] Moreover, a sequence of sets  $C_n$  asymptotically achieving this lower bound is exhibited, showing that it is best possible. The outline of the proofs follows, to some extent, along similar lines as the proof of Shannon’s rate-distortion theorem [15]. In particular, the “extremal” sets  $C_n$  achieving the lower bound are constructed probabilistically; each  $C_n$  consists of a collection of points  $y_1^n$  generated by taking independent and identically distributed (IID) samples from a suitable distribution on  $A^n$ , but (unlike Shannon) here we need to condition on seeing typical realizations, making the individual elements of the random  $C_n$  non-IID.

EXAMPLE 1. (MEASURE CONCENTRATION ON THE BINARY CUBE) Take  $A = \{0, 1\}$  so that  $A^n$  is the  $n$ -dimensional binary cube consisting of all binary strings of length  $n$ , and let  $P^n$  be a product probability distribution on  $A^n$ . Write  $\rho_n(x_1^n, y_1^n)$  for the normalized Hamming distortion between  $x_1^n$  and  $y_1^n$ , so that  $\rho_n(x_1^n, y_1^n)$  is the proportion of mismatches between the two strings; formally:

$$\rho_n(x_1^n, y_1^n) = \frac{1}{n} \sum_{i=1}^n \mathbb{I}_{\{x_i \neq y_i\}}, \quad x_1^n, y_1^n \in A^n. \quad (4)$$

Geometrically, if  $A^n$  is given the usual nearest-neighbor graph structure (two points are connected if and only if they differ in exactly one coordinate), then  $\rho_n(x_1^n, y_1^n)$  is the graph distance between  $x_1^n$  and  $y_1^n$ , normalized by  $n$ .

A well-known measure-concentration inequality for subsets  $C_n$  of  $A^n$  states that, for any  $D \geq 0$ ,

$$P^n([C_n]_D) \geq 1 - \frac{e^{-nD^2/2}}{P^n(C_n)}. \quad (5)$$

[See Proposition 2.1.1 in the comprehensive account by Talagrand [17], or Theorem 3.5 in the review paper by McDiarmid [12], and the references therein.] Roughly speaking, (5) says that “if  $C_n$  is not too small,  $[C_n]_D$  is almost everything.” In particular, it implies that for any sequence of sets  $C_n \subset A^n$  and any  $D \geq 0$ ,

$$\text{if } \liminf_{n \rightarrow \infty} \frac{1}{n} \log P^n(C_n) > -D^2/2, \quad \text{then } P^n([C_n]_D) \rightarrow 1. \quad (6)$$

A natural question to ask is whether there is a converse to the above statement: If  $P^n([C_n]_D) \rightarrow 1$ , how small can the probabilities of the  $C_n$  be? Taking  $M \equiv P$ , this reduces to question (\*) above. In this context, (\*) can be thought of as the opposite of the usual isoperimetric problem. We are looking for sets with the “largest possible boundary”; sets  $C_n$  whose  $D$ -blowups (asymptotically) cover the entire space, but whose volumes  $P^n(C_n)$  are as small as possible. A precise answer for this problem is given in Corollary 3 and the discussion following it, in the next section.

EXAMPLE 2. (LOSSY DATA COMPRESSION) Let  $A$  be a finite alphabet so that  $A^n$  consists of all possible messages of length  $n$  from  $A$ , and assume that messages are generated by a memoryless source, with distribution  $P^n$  on  $A^n$ . A code for these messages consists of a codebook  $C_n \subset A^n$  and an encoder  $\phi_n : A^n \rightarrow C_n$ . If we think of  $\rho_n(x_1^n, y_1^n)$  as the distortion between a message  $x_1^n$  and its reproduction  $y_1^n$ , then for any given codebook  $C_n$  the best choice for the encoder is clearly the map  $\phi_n$  taking each  $x_1^n$  to the  $y_1^n$  in  $C_n$  which minimizes the distortion  $\rho_n(x_1^n, y_1^n)$ . Hence, at least conceptually, finding good codes is the same as finding good codebooks. More specifically, if  $D \geq 0$  is the maximum amount of distortion we are willing to tolerate, then a sequence of good codebooks  $\{C_n\}$  is one with the following properties:

- (a) The probability of encoding a message with distortion exceeding  $D$  is asymptotically negligible:

$$P^n([C_n]_D) \rightarrow 1.$$

- (b) Good compression is achieved, that is, the sizes  $|C_n|$  of the codebooks are small.

What is the best achievable compression performance? That is, if the codebooks  $\{C_n\}$  satisfy (a), how small can their sizes be? Shannon's classical source coding theorem (cf. [15][2]) answers this question. In our notation, taking  $M \equiv 1$  reduces the question to a special case of (\*), and in Corollary 2 in the next section we recover Shannon's theorem as a special case of Theorems 1 and 2.

EXAMPLE 3. (HYPOTHESIS TESTING) Let  $A$  be a finite set and  $P_1, P_2$  be two probability distributions on  $A$ . Suppose that the null hypothesis that a sample  $X_1^n = (X_1, X_2, \dots, X_n)$  of  $n$  independent observations comes from  $P_1$  is to be tested against the simple alternative hypothesis that  $X_1^n$  comes from  $P_2$ . A test between these two hypotheses can be thought of as a decision region  $C_n \subset A^n$ : If  $X_1^n \in C_n$  we declare that  $X_1^n \sim P_1^n$ , otherwise we declare  $X_1^n \sim P_2^n$ . The two probabilities of error associated with this test are

$$\alpha_n = P_1^n(C_n^c) \quad \text{and} \quad \beta_n = P_2^n(C_n). \quad (7)$$

A good test has these two probabilities vanishing as fast as possible, and we may ask, if  $\alpha_n \rightarrow 0$ , how fast can  $\beta_n$  decay to zero? Taking  $\rho$  to be Hamming distortion,  $D = 0$ ,  $P = P_1$ , and  $M = P_2$ , this reduces to our original question (\*). In Corollary 1 in the next section we answer this question by deducing a version of Stein's lemma from Theorems 1 and 2. It is worth noting that the connection between questions in hypothesis testing and information theory goes at least as far back as Strassen's 1964 paper [16] (see also Blahut's paper [3] in 1974, and Csiszár and Körner's book [7] for a detailed discussion).

The rest of the paper is organized as follows. In Section 2, Theorems 1 and 2 provide an answer to question (\*). In the remarks and corollaries following Theorem 2 we discuss and

interpret this answer, and we present various applications along the lines of the three examples above. Theorem 1 is proved in Section 2 and Theorem 2 is proved in Section 3. In Section 4 we consider the same problem in a much more general setting. We let  $A$  be an abstract space, and instead of product measures  $P^n$  we consider the  $n$ -dimensional marginals  $P_n$  of a stationary measure  $\mathbb{P}$  on  $A^{\mathbb{N}}$ . In Theorems 3 and 4 we give analogs of Theorems 1 and 2, which hold essentially as long as the spaces  $(A^n, P_n)$  can be almost-covered by countably many  $\rho_n$ -balls. Although the results of Section 2 are essentially subsumed by Theorems 3 and 4, it is possible to give simple, elementary proofs for the special case treated in Theorems 1 and 2, so we give separate proofs for these results first. The more general Theorems 3 and 4 are proved in Section 5, and the Appendix contains the proofs of various technical steps needed along the way.

## 2 The Discrete Memoryless Case

Let  $A$  be a finite set and  $P$  be a discrete probability mass function on  $A$ . Fix a  $\rho : A \times A \rightarrow [0, \infty)$ , and for each  $n \geq 1$  let  $\rho_n$  be the corresponding single-letter distortion measure (or coordinate-wise distance function) on  $A^n$  defined as in (1). Also let  $M : A \rightarrow (0, \infty)$  be an arbitrary positive mass function on  $A$ . We assume, without loss of generality, that  $P(a) > 0$  for all  $a \in A$ , and also that for each  $a \in A$  there exists a  $b \in A$  with  $\rho(a, b) = 0$  (otherwise we may consider  $\rho'(x, y) = [\rho(x, y) - \min_{z \in A} \rho(x, z)]$  instead of  $\rho$ ). Let  $\{X_n\}$  denote a sequence of IID random variables with distribution  $P$ , and write  $\mathbb{P} = P^{\mathbb{N}}$  for the product measure on  $A^{\mathbb{N}}$  equipped with the usual  $\sigma$ -algebra generated by finite-dimensional cylinders. We write  $X_i^j$  for vectors of random variables  $(X_i, X_{i+1}, \dots, X_j)$ ,  $1 \leq i \leq j \leq \infty$ , and similarly  $x_i^j = (x_i, x_{i+1}, \dots, x_j) \in A^{j-i+1}$  for realizations of these random variables.

Next we define the rate function  $R(D)$  that will provide the lower bound on the exponent of the mass of an arbitrary  $C_n \subset A^n$ . For  $D \geq 0$  and  $Q$  a probability measure on  $A$ , let

$$I(P, Q, D) = \inf_{W \in \mathcal{M}(P, Q, D)} H(W \| P \times Q) \quad (8)$$

where  $H(\mu \| \nu)$  denotes the relative entropy between two discrete probability mass functions  $\mu$  and  $\nu$  on a finite set  $S$ ,

$$H(\mu \| \nu) = \sum_{s \in S} \mu(s) \log \frac{\mu(s)}{\nu(s)},$$

and where  $\mathcal{M}(P, Q, D)$  consists of all probability measures  $W$  on  $A \times A$  such that  $W_X$ , the first marginal of  $W$ , is equal to  $P$ ,  $W_Y$ , the second marginal, is  $Q$ , and  $E_W[\rho(X, Y)] \leq D$ ; if  $\mathcal{M}(P, Q, D)$  is empty, we let  $I(P, Q, D) = \infty$ . The rate function  $R(D)$  is defined by

$$R(D) = R(D; P, M) = \inf_Q \{I(P, Q, D) + E_Q[\log M(Y)]\}, \quad (9)$$

where the infimum is over all probability distributions  $Q$  on  $A$ . Recalling the definition of the *mutual information* between two random variables,  $R(D)$  can equivalently be written in a more information-theoretic way. If  $(X, Y)$  are random variables (or random vectors) with joint distribution  $W$  and corresponding marginals  $W_X$  and  $W_Y$ , then the mutual information between  $X$  and  $Y$  is defined as

$$I(X; Y) = H(W \| W_X \times W_Y).$$

Combining the two infima in (8) and (9) we can write

$$R(D) = \inf_{(X, Y): X \sim P, E\rho(X, Y) \leq D} \{I(X; Y) + E[\log M(Y)]\} \quad (10)$$

where the infimum is taken over all jointly distributed random variables  $(X, Y)$  such that  $X$  has distribution  $P$  and  $E\rho(X, Y) \leq D$ . For any  $x_1^n \in A^n$  and  $C_n \subset A^n$ , write

$$\rho_n(x_1^n, C_n) = \min_{y_1^n \in C_n} \rho_n(x_1^n, y_1^n).$$

In the following two Theorems we answer question (\*) stated in the Introduction. Theorem 1 contains a lower bound (valid for all finite  $n$ ) on the mass of an arbitrary  $C_n \subset A^n$ , and Theorem 2 shows that this bound is asymptotically tight. In information-theoretic terms, Theorems 1 and 2 can be thought of as generalized direct and converse coding theorems, for minimal-mass (rather than minimal-size) codebooks.

**THEOREM 1.** *Let  $C_n \subset A^n$  be arbitrary and write  $D = E_{P^n}[\rho_n(X_1^n, C_n)]$ . Then*

$$\frac{1}{n} \log M^n(C_n) \geq R(D).$$

**THEOREM 2.** *Assume that  $\rho(x, y) = 0$  if and only if  $x = y$ . For any  $D \geq 0$  and any  $\epsilon > 0$  there is a sequence of sets  $\{C_n\}$  such that:*

- (i)  $\frac{1}{n} \log M^n(C_n) \leq R(D) + \epsilon$  for all  $n \geq 1$
- (ii)  $\rho_n(X_1^n, C_n) \leq D$  eventually,  $\mathbb{P} - a.s.$

**REMARK 1.** Part (ii) of Theorem 2 says that  $\mathbb{I}_{[C_n]_D}(X_1^n) \rightarrow 1$  with probability one, so by Fatou's lemma,  $P^n([C_n]_D) \rightarrow 1$ . From this and (i) it is easy to deduce the following alternative version of Theorem 2 (see the Appendix for a proof): *For any  $D \geq 0$  there is a sequence of sets  $\{C_n^*\}$  such that:*

- (i')  $\limsup_{n \rightarrow \infty} \frac{1}{n} \log M^n(C_n^*) \leq R(D)$
- (ii')  $P^n([C_n^*]_D) \rightarrow 1$ , and
- (iii')  $\limsup_{n \rightarrow \infty} E_{P^n}[\rho_n(X_1^n, C_n^*)] \leq D$

REMARK 2. As will become evident from the proof of Theorem 2, the additional assumption on  $\rho$  is only made for the sake of simplicity, and it is not necessary for the validity of the result. In particular, it allows us to give a unified argument for the cases  $D = 0$  and  $D > 0$ .

Theorem 1 is proved at the end of this section, and Theorem 2 is proved in Section 3. Although the proof of Theorem 2 is somewhat technical, the idea behind the construction of the extremal sets  $C_n$  is simple: Suppose  $Q^*$  is a probability measure on  $A$  achieving the infimum in the definition of  $R(D)$ , so that

$$R(D) = I(P, Q^*, D) + E_{Q^*}[\log M(Y)] \triangleq I^* + L^*.$$

Write  $Q_n^*$  for the product measure  $(Q^*)^n$ , and let  $\hat{Q}_n$  be the measure obtained by conditioning  $Q_n^*$  to the set of points  $y_1^n \in A^n$  whose empirical measures (“types”) are uniformly close to  $Q^*$ . Then let  $C_n$  consist of approximately  $e^{nI^*}$  points  $y_1^n$  drawn IID from  $\hat{Q}_n$ . Each point in the support of  $\hat{Q}_n$  has mass  $M^n(y_1^n) \approx e^{nL^*}$  and  $C_n$  contains about  $e^{nI^*}$  of them, so  $M^n(C_n)$  is close to  $e^{nI^*} e^{nL^*} = e^{nR(D)}$ . The main technical content of the proof is therefore to prove (ii), namely, that  $e^{nI^*}$  points indeed suffice to almost  $D$ -cover  $A^n$ .

The above construction also provides a nice interpretation for  $R(D)$ . If we had started with a different measure  $Q$  in place of  $Q^*$ , we would have ended up with sets  $C'_n$  of size  $\approx \exp(nI(P, Q, D))$ , consisting of points  $y_1^n$  of mass  $M^n(y_1^n) \approx \exp(nE_Q(\log M(Y)))$ , and the total mass of  $C'_n$  would be

$$M^n(C'_n) \approx \exp\{n[I(P, Q, D) + E_Q(\log M(Y))]\}.$$

By optimizing over the choice of  $Q$  in (9) we are balancing the tradeoff between the size and the weight of the set  $C_n$ , between a few heavy points and many light ones.

It is also worth noting that the extremal sets  $C_n$  above were constructed by taking samples  $y_1^n$  from the *non*-product measure  $\hat{Q}_n$ . Unlike in Shannon’s proof of the data compression theorem, here we cannot get away by simply using the product measure  $Q_n^*$ . This is because we are not just interested in how many points  $y_1^n$  are needed to almost cover  $A^n$ , but also we need control their masses  $M^n(y_1^n)$ . Since exponentially many  $y_1^n$ ’s are required to cover  $A^n$ , if they are generated from  $Q_n^*$  then there are bound to be some atypically heavy ones, and this drastically increases the total mass  $M^n(C_n)$ . Therefore, by restricting  $Q_n^*$  to be supported on the set of  $y_1^n \in A^n$  whose empirical measures are uniformly close to  $Q^*$ , we are ensuring that the masses of the  $y_1^n$  will be essentially constant, and all approximately equal to  $e^{nL^*}$ .

Next we derive corollaries from Theorems 1 and 2, along the lines of the examples in the Introduction. First, in the context of hypothesis testing, let  $P_1, P_2$  be two probability distributions on  $A$  with all positive probabilities. Suppose that the null hypothesis that  $X_1^n \sim P_1^n$  is to be tested against the alternative  $X_1^n \sim P_2^n$ . Given a test with an associated decision region

$C_n \subset A^n$ , its two probabilities of error  $\alpha_n$  and  $\beta_n$  are defined as in (7). In the notation of this section, let  $\rho_n$  be Hamming distortion as in (4),  $P = P_1$  and  $M = P_2$ . Observe that, here,

$$E_{P_1^n}[\rho_n(X_1^n, C_n)] \leq E_{P_1^n}[\mathbb{I}_{C_n^c}(X_1^n)] = P_1^n(C_n^c),$$

and define, in the notation of (9), the error exponent

$$\varepsilon(\alpha) = -R(\alpha; P_1, P_2), \quad \alpha \in [0, 1].$$

Noting that  $\varepsilon(0) = H(P_1 \| P_2)$ , from Theorems 1 and 2 and Remark 1 we obtain the following version of Stein's lemma (see Lemma 6.1 in Bahadur's monograph [1], or Theorem 12.8.1 in [6]).

**COROLLARY 1. (HYPOTHESIS TESTING)** *Let  $\alpha = \alpha_n = P_1^n(C_n^c)$  and  $\beta = \beta_n = P_2^n(C_n)$  be the two types of error probabilities associated with an arbitrary sequence of tests  $\{C_n\}$ .*

(i) *For all  $n \geq 1$ ,  $\beta \geq e^{-n\varepsilon(\alpha)}$ .*

(ii) *If  $\alpha_n \rightarrow 0$ , then*

$$\liminf_{n \rightarrow \infty} \frac{1}{n} \log \beta_n \geq -H(P_1 \| P_2).$$

(iii) *There exists a sequence of decision regions  $C_n$  with associated tests whose error probabilities achieve  $\alpha_n \rightarrow 0$  and  $(1/n) \log \beta_n \rightarrow -H(P_1 \| P_2)$ , as  $n \rightarrow \infty$ .*

Note that, although the decision regions  $C_n$  in (iii) above achieve the best exponent in the error probability, they are not the overall optimal decision regions in the Neyman-Pearson sense.

In the case of data compression, we have random data  $X_1^n$  generated by some product distribution  $P^n$ . Given a single-letter distortion measure  $\rho_n$  and a maximum allowable distortion level  $D \geq 0$ , our objective is to find good codebooks  $C_n$ . As discussed in Example 2 above, good codebooks are those that asymptotically cover  $A^n$ , i.e.,  $P^n([C_n]_D) \rightarrow 1$ , and whose sizes  $|C_n|$  are relatively small. In our notation, if we take  $M(\cdot) \equiv 1$ , then  $M^n(C_n) = |C_n|$  and the rate function  $R(D)$  (from (9) or (10)) reduces to Shannon's *rate-distortion function*

$$\begin{aligned} R_S(D) &= \inf_Q \inf_{W \in \mathcal{M}(P, Q, D)} H(W \| P \times Q) \\ &= \inf_{(X, Y): X \sim P, E\rho(X, Y) \leq D} I(X; Y). \end{aligned}$$

From Theorems 1 and 2 and Remark 1 we recover Shannon's source coding theorem (see [15][2]).

**COROLLARY 2. (DATA COMPRESSION)** *For any  $n \geq 1$ , if the average distortion achieved by a codebook  $C_n$  is  $D = E_{P^n}[\rho_n(X_1^n, C_n)]$ , then*

$$\frac{1}{n} \log |C_n| \geq R_S(D).$$



Moreover, for any  $D \geq 0$ , there is a sequence of codebooks  $\{C_n\}$  such that  $E_{P^n}[\rho_n(X_1^n, C_n)] \rightarrow D$ , the codebooks  $C_n$  asymptotically cover  $A^n$ ,  $P^n([C_n]_D) \rightarrow 1$ , and

$$\lim_{n \rightarrow \infty} \frac{1}{n} \log |C_n| = R_S(D).$$

Finally, in the context of measure-concentration, taking  $M = P$  and writing  $R_C(D)$  for the concentration exponent  $R(D; P, P)$ , we get:

**COROLLARY 3.** (CONVERSE MEASURE CONCENTRATION) *Let  $\{C_n\}$  be arbitrary sets.*

(i) *For any  $n \geq 1$ , if  $D = E_{P^n}[\rho_n(X_1^n, C_n)]$ , then  $P^n(C_n) \geq e^{nR_C(D)}$ .*

(ii) *If  $P^n([C_n]_D) \rightarrow 1$ , then*

$$\liminf_{n \rightarrow \infty} \frac{1}{n} \log P^n(C_n) \geq R_C(D).$$

(iii) *There is a sequence of sets  $\{C_n\}$  such that  $P^n([C_n]_D) \rightarrow 1$  and  $(1/n) \log P^n(C_n) \rightarrow R_C(D)$ , as  $n \rightarrow \infty$ .*

In particular, in the case of the binary cube, part (ii) of the corollary provides a precise converse to the measure-concentration statement in (6). Although the concentration exponent  $R_C(D) = R(D; P, P)$  is not as explicit as the exponent  $-D^2/2$  in (6),  $R_C(D)$  is a well-behaved function and it is easy to evaluate it numerically. For example, Figure 1 shows the graph of  $R_C(D)$  in the case of the binary cube, with  $P$  being the Bernoulli measure with  $P(1) = 0.4$ . Various easily checked properties of  $R(D) = R(D; P, M)$  are stated in Lemma 1, below; proof outlines are given in the Appendix.

As mentioned in the Introduction, the question considered in Corollary 3 can be thought of as the opposite of the usual isoperimetric problem. Instead of large sets with small boundaries, we are looking for *small* sets with the *largest possible boundary*. It is therefore not surprising that the extremal sets in (6) and in Corollary 3 are very different. In the classical isoperimetric problem, the extremal sets typically look like Hamming balls around  $0^n = (0, 0, \dots, 0) \in A^n$ ,  $B_n = \{x_1^n : \rho_n(x_1^n, 0^n) \leq r/n\}$  (see the discussions in Section 2.3 of [17], p. 174 in [11], or the original paper by Harper [10]), while the extremal sets in our case are collections of vectors  $y_1^n$  drawn IID from the measure  $\hat{Q}_n$  on  $A^n$ .

Figure 1: Graph of the function  $R_C(D) = R(D; P, P)$  for  $0 \leq D \leq 1$ , in the case of the binary cube  $A^n = \{0, 1\}^n$ , with  $P(1) = 0.4$ .

LEMMA 1. (i) *The infima in the definitions of  $R(D)$  and  $I(P, Q, D)$  in (9) and (8) are in fact minima.*

(ii)  *$R(D)$  is finite for all  $D \geq 0$ , it is nonincreasing and convex in  $D$ , and therefore also continuous.*

(iii) *For fixed  $P$  and  $Q$ ,  $I(P, Q, D)$  is nonincreasing and convex in  $D$ , and therefore it is continuous except possibly at the point  $D = \inf\{D \geq 0 : I(P, Q, D) < \infty\}$ .*

(iv) *If the random variables  $X_1^n = (X_1, \dots, X_n)$  are IID, then for any random vector  $Y_1^n$  jointly distributed with  $X_1^n$ :*

$$I(X_1^n; Y_1^n) \geq \sum_{i=1}^n I(X_i; Y_i).$$

(v) *If we let  $R_{\min} = \min\{\log M(y) : y \in A\}$  and*

$$D_{\max} = D_{\max}(P) = \min\{E_P[\rho(X, y)] : y \text{ such that } \log M(y) = R_{\min}\},$$

*then*

$$R(D) \text{ is } \begin{cases} = R_{\min} & \text{for } D \geq D_{\max} \\ > R_{\min} & \text{for } 0 \leq D < D_{\max}. \end{cases}$$

Next we prove Theorem 1. It is perhaps somewhat surprising that the proof is very short and completely elementary, relying only on Jensen's inequality and the convexity of  $R(D)$ .

*Proof of Theorem 1:* Given an arbitrary  $C_n$ , let  $\phi_n : A^n \rightarrow C_n$  be a function that maps each  $x_1^n \in A^n$  to the closest  $y_1^n$  in  $C_n$ , i.e.,  $\rho_n(x_1^n, \phi(x_1^n)) = \rho_n(x_1^n, C_n)$ . For  $X_1^n \sim P^n$  let  $Y_1^n = \phi_n(X_1^n)$ , write  $Q_n$  for the distribution of  $Y_1^n$ , and  $W_n(x_1^n, y_1^n) = P^n(x_1^n) \mathbb{I}_{\{\phi_n(x_1^n)\}}(y_1^n)$  for the joint distribution of  $(X_1^n, Y_1^n)$ . Then

$$E_{W_n}[\rho_n(X_1^n, Y_1^n)] = D \quad (11)$$

and by Jensen's inequality,

$$\begin{aligned} \log M^n(C_n) &= \log \left[ \sum_{y_1^n \in C_n} \left( Q_n(y_1^n) \frac{M^n(y_1^n)}{Q_n(y_1^n)} \right) \right] \\ &\geq \sum_{y_1^n \in C_n} Q_n(y_1^n) \log \frac{M^n(y_1^n)}{Q_n(y_1^n)} \\ &= \sum_{x_1^n, y_1^n \in A^n} W_n(x_1^n, y_1^n) \log \frac{W_n(x_1^n, y_1^n)}{P^n(x_1^n) Q_n(y_1^n)} + \sum_{y_1^n \in C_n} Q_n(y_1^n) \log M^n(y_1^n). \end{aligned}$$

By the definition of mutual information this equals

$$I(X_1^n; Y_1^n) + E_{Q_n}[\log M^n(Y_1^n)],$$

which, by Lemma 1 (iv), is bounded below by

$$\sum_{i=1}^n [I(X_i; Y_i) + E_{Q_n}[\log M(Y_i)]] .$$

Finally, by the definition of  $R(D)$  and its convexity this is bounded below by

$$\sum_{i=1}^n R(E_{W_n}[\rho(X_i, Y_i)]) \geq nR\left(\frac{1}{n} \sum_{i=1}^n E_{W_n}[\rho(X_i, Y_i)]\right) = nR(D)$$

where the last equality follows from (11). □

### 3 Proof of Theorem 2.

Let  $P, D \geq 0$  be fixed, and  $\epsilon > 0$  be given. By Lemma 1 (i) we can pick  $Q^*$  and  $W^*$  in the definition of  $R(D)$  and  $I(P, Q^*, D)$ , respectively, such that

$$R(D) = H(W^* \| P \times Q^*) + E_{Q^*}[\log M(Y)] \triangleq I^* + L^*.$$

For  $n \geq 1$ , write  $Q_n^*$  for the product measure  $(Q^*)^n$ , and for  $y_1^n \in A^n$  let

$$\hat{P}_{y_1^n} = \frac{1}{n} \sum_{i=1}^n \delta y_i$$

denote the empirical measure of  $y_1^n$ . Pick  $\delta > 0$  (to be chosen later) and define, for each  $n \geq 1$ , the set of “good” strings

$$\mathcal{G}_n = \{y_1^n \in A^n : \hat{P}_{y_1^n}(b) \leq Q^*(b) + \delta, \forall b \in A\}$$

(if  $\mathcal{G}_n$  as defined above is empty – this may only happen for finitely many  $n$  – simply let  $\mathcal{G}_n$  consist of a single vector  $(a, a, \dots, a)$ , with  $a \in A$  chosen so that  $\log M(a) = R_{\min}$ ). Also, let  $\hat{Q}_n$  be the measure  $Q_n^*$  conditioned on  $\mathcal{G}_n$ :

$$\hat{Q}_n(F) = \frac{Q_n^*(F \cap \mathcal{G}_n)}{Q_n^*(\mathcal{G}_n)}; \quad F \subset A^n.$$

For  $n \geq 1$ , let  $\{Y(i) = (Y_1(i), Y_2(i), \dots, Y_n(i)) : i \geq 1\}$  be an IID sequence of random vectors  $Y(i) \sim \hat{Q}_n$ , and define  $C_n$  as the collection of the first  $e^{n(I^* + \epsilon/2)}$  of them:

$$C_n = \{Y(i) : 1 \leq i \leq e^{n(I^* + \epsilon/2)}\}.$$

By the definition of  $\mathcal{G}_n$ , any  $y_1^n \in \mathcal{G}_n$  has

$$\frac{1}{n} \log M^n(y_1^n) = \sum_{b \in A} \hat{P}_{y_1^n}(b) \log M(b) \leq L^* + \delta \left( \sum_{b \in A} \log M(b) \right) \leq L^* + \epsilon/2,$$

by choosing  $\delta > 0$  appropriately small. Therefore,

$$M^n(C_n) \leq e^{n(I^* + \epsilon/2)} e^{n(L^* + \epsilon/2)} = e^{n(R(D) + \epsilon)}$$

and (i) of the Theorem is satisfied. Let  $X_1^n$  be IID random variables with distribution  $P$ . To verify (ii) we will show that

$$i_n \leq e^{n(I^* + \epsilon/2)} \quad \text{eventually, } \mathbb{P} \times \mathbb{Q} - \text{a.s.} \quad (12)$$

where  $i_n$  is the index of the first  $Y(i)$  that matches  $X_1^n$  within  $\rho_n$ -distortion  $D$ ,

$$i_n = \inf\{i \geq 1 : \rho_n(X_1^n, Y(i)) \leq D\},$$

and  $\mathbb{Q} = \prod_{n \geq 1} (\hat{Q}_n)^\mathbb{N}$ . Recall the notation  $B(x_1^n, D) = \{y_1^n \in A^n : \rho_n(x_1^n, y_1^n) \leq D\}$ . For (12) it suffices to prove the following two statements

$$\limsup_{n \rightarrow \infty} \frac{1}{n} \log \left[ i_n \hat{Q}_n(B(X_1^n, D)) \right] \leq 0 \quad \mathbb{P} \times \mathbb{Q} - \text{a.s.} \quad (13)$$

$$\liminf_{n \rightarrow \infty} \frac{1}{n} \log \hat{Q}_n(B(X_1^n, D)) \geq -I^* \quad \mathbb{P} - \text{a.s.} \quad (14)$$

Proving (14) is the main technical part of the proof and it will be done last. Assuming it holds, we will first establish (13). For  $m \geq 1$  let  $G_m = \{x_1^\infty \in A^\infty : \hat{Q}_n(B(x_1^n, D)) > 0 \forall n \geq m\}$ , and

note that by (14),  $\mathbb{P}(\cup_{m \geq 1} G_m) = 1$ . Pick  $m \geq 1$ ; for any  $n \geq m$ , and any  $x_1^\infty \in G_m$ , conditional on  $X_1^n = x_1^n$ ,  $i_n$  is a Geometric( $p_n$ ) random variable with  $p_n = \hat{Q}_n(B(x_1^n, D))$ . So for  $\epsilon' > 0$  arbitrary

$$\Pr \left\{ \frac{1}{n} \log [i_n \hat{Q}_n(B(X_1^n, D))] > \epsilon' \mid X_1^n = x_1^n \right\} \leq (1 - p_n)^{\frac{\epsilon' n}{p_n} - 1}$$

and for all  $n$  large enough (independent of  $x_1^n$ ) this is bounded above by

$$\left[ (1 - p_n)^{1/p_n} \right]^{e^{\epsilon' n - 1}} \leq e^{-e^{\epsilon' n - 1}},$$

uniformly over  $x_1^\infty \in G_m$ . Since the above right-hand side is summable over  $n$ , by the Borel-Cantelli lemma and the fact that  $\epsilon' > 0$  was arbitrary we get (13) for  $\mathbb{P}$ -almost all  $x_1^\infty \in G_m$ . But since  $\mathbb{P}(\cup_{m \geq 1} G_m) = 1$ , this proves (13).

Next we turn to the proof of (14). Since, by the law of large numbers,  $Q_n^*(\mathcal{G}_n) \rightarrow 1$ , as  $n \rightarrow \infty$ , (14) is equivalent to

$$\liminf_{n \rightarrow \infty} \frac{1}{n} \log Q_n^*(B(X_1^n, D) \cap \mathcal{G}_n) \geq -I^* \quad \mathbb{P} - \text{a.s.} \quad (15)$$

Choose and fix one of the (almost all) realizations  $x_1^\infty$  of  $\mathbb{P}$  for which

$$\hat{P}_{x_1^n}(a) \rightarrow P(a), \quad \text{for all } a \in A.$$

Let  $\epsilon_1 \in (0, \delta)$  arbitrary, and choose and fix  $N$  large enough so that

$$|\hat{P}_{x_1^n}(a) - P(a)| < \epsilon_1 P(a) \quad \text{for all } a \in A, n \geq N. \quad (16)$$

Let  $a_1, a_2, \dots, a_m$  denote the elements of  $A$ , write  $n_0 = 0$ ,

$$n_i = n \hat{P}_{x_1^n}(a_i), \quad i = 1, 2, \dots, m$$

and  $N_j = \sum_{k=0}^j n_k$ ,  $j = 0, 1, \dots, m$ . For  $n \geq N$ , writing  $Y_1^n = (Y_1, Y_2, \dots, Y_n)$  for a vector of random variables with distribution  $Q_n^*$ , we have that  $Q_n^*(B(x_1^n, D) \cap \mathcal{G}_n)$  equals

$$\begin{aligned} & Q_n^* \left\{ \frac{1}{n} \sum_{i=1}^n \rho(x_i, Y_i) \leq D \text{ and } \frac{1}{n} \sum_{i=1}^n \mathbb{I}_{\{Y_i=b\}} \leq Q^*(b) + \delta, \quad \forall b \in A \right\} \\ &= Q_n^* \left\{ \sum_{i=1}^m \frac{n_i}{n} \frac{1}{n_i} \sum_{j=N_{i-1}+1}^{N_i} \rho(a_i, Y_j) \leq D \text{ and } \sum_{i=1}^m \frac{n_i}{n} \frac{1}{n_i} \sum_{j=N_{i-1}+1}^{N_i} \mathbb{I}_{\{Y_j=b\}} \leq Q^*(b) + \delta, \quad \forall b \in A \right\} \end{aligned}$$

where we have used the fact that the  $Y_i$  are IID (and hence exchangeable) to rewrite  $x_1^n$  as consisting of  $n_1$   $a_1$ 's followed  $n_2$   $a_2$ 's, and so on. Let  $\gamma_i = P(a_i) \sum_{b \in A} W^*(b|a_i) \rho(a_i, b)$  for

$i = 1, 2, \dots, m$ . Recalling that, by the choice of  $W^*$ ,  $\sum_i \gamma_i = E_{W^*} \rho(X, Y) \leq D$ , and that  $Q^*$  is the  $Y$ -marginal of  $W^*$ , the above probability is bounded below by

$$\prod_{i=1}^m Q_{n_i}^* \left\{ \frac{n_i}{n} \frac{1}{n_i} \sum_{j=1}^{n_i} \rho(a_i, Y_j) \leq \gamma_i \text{ and } \frac{n_i}{n} \frac{1}{n_i} \sum_{j=1}^{n_i} \mathbb{I}_{\{Y_j=b\}} \leq P(a_i)[W^*(b|a_i) + \delta], \quad \forall b \in A \right\}.$$

Writing  $\Gamma_i = \gamma_i/[P(a_i)(1 + \epsilon_1)]$ ,  $i = 1, 2, \dots, m$  and using (16), this is in turn bounded below by

$$\begin{aligned} & \prod_{i=1}^m Q_{n_i}^* \left\{ \frac{1}{n_i} \sum_{j=1}^{n_i} \rho(a_i, Y_j) \leq \Gamma_i \text{ and } \frac{1}{n_i} \sum_{j=1}^{n_i} \mathbb{I}_{\{Y_j=b\}} \leq \frac{W^*(b|a_i) + \delta}{1 + \epsilon_1}, \quad \forall b \in A \right\} \\ &= \prod_{i=1}^m Q_{n_i}^* \left\{ \hat{P}_{Y_1^{n_i}} \in F_i \right\}, \end{aligned} \quad (17)$$

where  $F_i$  is the collection of probability mass functions  $Q$  on  $A$ ,

$$F_i = F_i(\epsilon_1) = \left\{ Q : E_Q[\rho(a_i, Y)] \leq \Gamma_i \text{ and } Q(b) \leq \frac{W^*(b|a_i) + \delta}{1 + \epsilon_1}, \quad \forall b \in A \right\}.$$

We will apply Sanov's theorem to each one of the terms in (17). Consider two cases: If  $\Gamma_i > 0$  then  $F_i$  is the closure of its interior (in the Euclidean topology), so by Sanov's theorem

$$\liminf_{n_i \rightarrow \infty} \frac{1}{n_i} \log Q_{n_i}^* \left\{ \hat{P}_{Y_1^{n_i}} \in F_i \right\} \geq - \inf_{Q \in F_i} H(Q \| Q^*) \quad (18)$$

(see Theorem 2.1.10 and Exercise 2.1.18 in [8]). If  $\Gamma_i = 0$  then  $\gamma_i = 0$  and this can only happen if  $W^*(\cdot|a_i) = \mathbb{I}_{\{a_i\}}(\cdot)$ , in which case  $F_i = \{\delta_{a_i}\}$  and

$$\frac{1}{n_i} \log Q_{n_i}^* \left\{ \hat{P}_{Y_1^{n_i}} \in F_i \right\} = \log Q^*(a_i) = -H(\delta_{a_i} \| Q^*)$$

so (18) still holds in this case. Combining the above steps (note that each  $n_i \rightarrow \infty$  as  $n \rightarrow \infty$ ),

$$\begin{aligned} \liminf_{n \rightarrow \infty} \frac{1}{n} \log Q_n^* (B(x_1^n, D) \cap \mathcal{G}_n) &\geq \liminf_{n \rightarrow \infty} \frac{1}{n} \log \left[ \prod_{i=1}^m Q_{n_i}^* \left\{ \hat{P}_{Y_1^{n_i}} \in F_i \right\} \right] \\ &= \liminf_{n \rightarrow \infty} \sum_{i=1}^m \hat{P}_{x_1^n}(a_i) \frac{1}{n_i} \log Q_{n_i}^* \left\{ \hat{P}_{Y_1^{n_i}} \in F_i \right\} \\ &\geq - \sum_{i=1}^m P(a_i) \inf_{Q \in F_i} H(Q \| Q^*), \end{aligned}$$

and this holds for  $\mathbb{P}$ -almost any  $x_1^\infty$ . Rewriting the  $i$ th infimum above as the infimum over conditional measures  $W(\cdot|a_i) \in F_i$ , yields

$$\liminf_{n \rightarrow \infty} \frac{1}{n} \log Q_n^* (B(X_1^n, D) \cap \mathcal{G}_n) \geq - \inf_{W \in F(\epsilon_1)} H(W \| P \times Q^*) \quad \mathbb{P} - \text{a.s.}$$

where  $F(\epsilon_1) = \{W : W_X = P \text{ and } W(\cdot|a_i) \in F_i(\epsilon_1), \forall i = 1, 2, \dots, m\}$ . Finally, since  $\epsilon_1$  was arbitrary we can let it decrease to 0 to obtain

$$\begin{aligned} \liminf_{n \rightarrow \infty} \frac{1}{n} \log Q_n^*(B(X_1^n, D) \cap \mathcal{G}_n) &\geq \limsup_{\epsilon_1 \downarrow 0} [-\inf_{W \in F(\epsilon_1)} H(W \| P \times Q^*)] \\ &\stackrel{(a)}{=} -\inf_{W \in F(0)} H(W \| P \times Q^*) \\ &\stackrel{(b)}{\geq} -I^* \quad \mathbb{P} - \text{a.s.} \end{aligned}$$

This gives (15) and completes the proof, once we justify steps (a) and (b). Step (b) follows upon noticing that  $W^* \in F(0)$  and recalling that  $H(W^* \| P \times Q^*) = I^*$ . Step (a) follows from the fact that  $H(W \| P \times Q^*)$  is continuous over those  $W$  that are absolutely continuous with respect to  $P \times Q^*$ , and from the observation in Lemma 2 below (verified in the Appendix).  $\square$

LEMMA 2. *For all  $\epsilon_1 > 0$  small enough there exist  $Q_i \in F_i(\epsilon_1)$  such that  $H(Q_i \| Q^*) < \infty$ , for  $1 \leq i \leq m$ . Therefore, for all  $\epsilon_1 > 0$  small enough there exists  $W \in F(\epsilon_1)$  with  $H(W \| P \times Q^*) < \infty$ .*

Note that, in the above proof, a somewhat stronger result than the one given in Theorem 2 is established: It is not just demonstrated that there exist sets  $C_n$  achieving (i) and (ii), but that (almost) any sequence of sets  $C_n$  generated by taking approximately  $e^{nI^*}$  IID samples from  $\hat{Q}_n$  will satisfy (i) and (ii).

We also mention that Bucklew [4] used Sanov's theorem to prove the direct part of Shannon's data compression theorem. The proof of Theorem 2 is similar, except that it involves a less direct application of Sanov's theorem to the sequence of non-product measures  $\hat{Q}_n$ , and the conclusions obtained are somewhat stronger (pointwise rather than  $L^1$  bounds). Similarly, in the proof of Theorem 4, the Gärtner-Ellis theorem from large deviations is applied in a manner which parallels the approach of [5].

## 4 The General Case

Let  $A$  be a Polish space (namely, a complete, separable metric space) equipped with its associated Borel  $\sigma$ -algebra  $\mathcal{A}$ , and let  $\mathbb{P}$  be a probability measure on  $(A^{\mathbb{N}}, \mathcal{A}^{\mathbb{N}})$ . Also let  $(\hat{A}, \hat{\mathcal{A}})$  be a (possibly different) Polish space. Given a nonnegative measurable function  $\rho : A \times \hat{A} \rightarrow [0, \infty)$ , define  $\rho_n : A^n \times \hat{A}^n \rightarrow [0, \infty)$  as in (1). [The reason for considering  $\hat{A}$  as possibly different from  $A$  is motivated by the common data compression scenario, where, in practice, it is often the case that original data take values in a large alphabet  $A$  (for example, Gaussian data have  $A = \mathbb{R}$ ), whereas compressed data take values in a much smaller alphabet (for example, Gaussian data on a computer are typically quantized to the finite alphabet  $\hat{A}$  consisting of all double precision reals).]

Let  $\{X_n\}$  be a sequence of random variables distributed according to  $\mathbb{P}$ , and for each  $n \geq 1$  write  $P_n$  for the  $n$ -dimensional marginal distribution of  $X_1^n$ . We say that  $\mathbb{P}$  is a stationary measure if  $X_1^n$  has the same distribution as  $X_{1+k}^{n+k}$ , for any  $n, k$ . Let  $M : \hat{A} \rightarrow (0, \infty)$  be a measurable “mass” function on  $\hat{A}$ . To avoid uninteresting technicalities, we will assume throughout that  $M$  is bounded away from zero,  $M(y) \geq M_*$  for some constant  $M_* > 0$  and all  $y \in \hat{A}$ . Next we define the natural analogs of the rate functions  $I(P, Q, D)$  and  $R(D)$ . For  $n \geq 1$ ,  $D \geq 0$  and  $Q_n$  a probability measure on  $(\hat{A}^n, \hat{\mathcal{A}}^n)$ , let

$$I_n(P_n, Q_n, D) = \inf_{W_n \in \mathcal{M}_n(P_n, Q_n, D)} H(W_n \| P_n \times Q_n) \quad (19)$$

where  $H(\mu \| \nu)$  denotes the relative entropy between two probability measures  $\mu$  and  $\nu$

$$H(\mu \| \nu) = \begin{cases} \int d\mu \log \frac{d\mu}{d\nu}, & \text{when } \frac{d\mu}{d\nu} \text{ exists} \\ \infty, & \text{otherwise} \end{cases}$$

and where  $\mathcal{M}_n(P_n, Q_n, D)$  consists of all probability measures  $W_n$  on  $(A^n \times \hat{A}^n, \mathcal{A}^n \times \hat{\mathcal{A}}^n)$  such that  $W_{n,X}$ , the first marginal of  $W_n$ , is equal to  $P_n$ , the second marginal  $W_{n,Y}$  is  $Q_n$ , and  $\int \rho_n dW_n \leq D$ ; if  $\mathcal{M}_n(P_n, Q_n, D)$  is empty, let  $I_n(P_n, Q_n, D) = \infty$ . Then  $R_n(D)$  is defined by

$$R_n(D) = R_n(D; P_n, M) = \inf_{Q_n} \{I_n(P_n, Q_n, D) + E_{Q_n}[\log M^n(Y_1^n)]\}, \quad (20)$$

where the infimum is over all probability measures  $Q_n$  on  $(\hat{A}^n, \hat{\mathcal{A}}^n)$ . Note that since  $I_n(P_n, Q_n, D)$  is nonnegative and  $M$  is bounded away from zero,  $R_n(D)$  is always well-defined. Recall also that the mutual information between two random vectors  $X_1^n$  and  $Y_1^n$  with joint distribution  $W_n$  and corresponding marginals  $P_n$  and  $Q_n$ , is defined by  $I(X_1^n; Y_1^n) = H(W_n \| P_n \times Q_n)$ , so that  $R_n(D)$  can alternatively be written in a form analogous to (10) in the discrete case:

$$R_n(D) = \inf_{(X_1^n, Y_1^n): X_1^n \sim P_n, E\rho_n(X_1^n, Y_1^n) \leq D} \{I(X_1^n; Y_1^n) + E[\log M^n(Y_1^n)]\}.$$

Finally, the rate function  $R(D)$  is defined by

$$R(D) = \lim_{n \rightarrow \infty} \frac{1}{n} R_n(D)$$

whenever the limit exists. Next we state some simple properties of  $R_n(D)$  and  $R(D)$ , proved in the Appendix.

LEMMA 3.(i) *For each  $n \geq 1$ ,  $R_n(D)$  is nonincreasing and convex in  $D \geq 0$ , and therefore also continuous at all  $D$  except possibly at the point*

$$D_{\min}^{(n)} = \inf\{D \geq 0 : R_n(D) < +\infty\}.$$



(ii) If  $R(D)$  exists then it is nonincreasing and convex in  $D \geq 0$ , and therefore also continuous at all  $D$  except possibly at the point

$$D_{\min} = \inf\{D \geq 0 : R(D) < +\infty\}.$$

(iii) If  $\mathbb{P}$  is a stationary measure, then

$$R(D) = \lim_{n \rightarrow \infty} \frac{1}{n} R_n(D) = \inf_{n \geq 1} \frac{1}{n} R_n(D) \text{ exists,}$$

and  $D_{\min} = \inf_n D_{\min}^{(n)}$ .

(iv) The mutual information  $I(X_1^n; Y_1^n)$  is convex in the marginal distribution  $P_n$  of  $X_1^n$ , for a fixed conditional distribution of  $Y_1^n$  given  $X_1^n$ .

Next we state analogs of Theorems 1 and 2 in the general case. As before, we are interested in sets  $C_n$  that have large blowups but small masses; since  $M$  is bounded away from zero we may restrict our attention to finite sets  $C_n$ .

**THEOREM 3.** *Let  $C_n \subset \hat{A}^n$  be an arbitrary finite set and write  $D = E_{P_n}[\rho_n(X_1^n, C_n)]$ . Then*

$$\log M^n(C_n) \geq R_n(D). \quad (21)$$

*If  $\mathbb{P}$  is a stationary measure, then for all  $n \geq 1$*

$$\log M^n(C_n) \geq nR(D).$$

As will become apparent from its proof (at the end of this section), Theorem 3 remains true in great generality. The exact same proof works for arbitrary (non-product) positive mass functions  $M_n$  in place of  $M^n$ , and more general distortion measures  $\rho_n$ , not necessarily of the form in (1). Moreover, as long as  $R_n(D)$  is well-defined, the assumption that  $M$  is bounded away from zero is unnecessary. In that case we can also consider countably infinite sets  $C_n$ , and (21) remains valid as long as  $R_n(D)$  is continuous in  $D$  (see Lemma 3).

In the special case when  $\mathbb{P}$  is a product measure it is not hard to check that  $R_n(D) = nR(D)$  for all  $n \geq 1$ , so we can recover Theorem 1 from Theorem 3.

For Theorem 4 some additional assumptions are needed. We will assume that the functions  $\rho$  and  $\log M$  are bounded, i.e., that there exist constants  $\rho_{\max} \geq 0$  and  $L_{\max} < \infty$  such that  $\rho(x, y) \leq \rho_{\max}$  and  $|\log M(y)| \leq L_{\max}$ , for all  $x \in A$ ,  $y \in \hat{A}$ . For  $k \geq 1$ , we say that  $\mathbb{P}$  is stationary (respectively, ergodic) in  $k$ -blocks if the process  $\{\tilde{X}_n^{(k)}; n \geq 0\} = \{X_{nk+1}^{(n+1)k}; n \geq 0\}$  is stationary (resp. ergodic). If  $\mathbb{P}$  is stationary then it is stationary in  $k$ -blocks for every  $k$ . But an ergodic measure  $\mathbb{P}$  may not be ergodic in  $k$ -blocks. For the second part of the Theorem we will assume that  $\mathbb{P}$  is ergodic in blocks, that is, that it is ergodic in  $k$ -blocks for all  $k \geq 1$ . Also, since  $R(D) = \infty$  for  $D$  below  $D_{\min}$ , we restrict our attention to the case  $D > D_{\min}$ . Theorem 4 is proved in the next section.

THEOREM 4. Assume that the functions  $\rho$  and  $\log M$  are bounded, and that  $\mathbb{P}$  is a stationary ergodic measure. For any  $D > D_{\min}$  and any  $\epsilon > 0$ , there is a sequence of sets  $\{C_n\}$  such that:

$$\begin{aligned} (i) \quad & \frac{1}{n} \log M^n(C_n) \leq R(D) + \epsilon \quad \text{for all } n \geq 1 \\ (ii) \quad & P_n([C_n]_D) \rightarrow 1 \quad \text{as } n \rightarrow \infty. \end{aligned}$$

If, moreover,  $\mathbb{P}$  is ergodic in blocks, there are sets  $\{C_n\}$  that satisfy (i) and

$$(iii) \quad \rho_n(X_1^n, C_n) \leq D \quad \text{eventually, } \mathbb{P} - a.s.$$

REMARK 3. A corresponding version of the asymptotic form of Theorems 1 and 2 given in Remark 1 of the previous section can also be derived here, and it holds for every stationary ergodic  $\mathbb{P}$ .

REMARK 4. The assumptions on the boundedness of  $\rho$  and  $\log M$  are made for the purpose of technical convenience, and can probably be relaxed to appropriate moment conditions. Similarly, the assumption that  $M^n$  is a product measure can be relaxed to include sequences of measures  $M_n$  that have rapid mixing properties. Finally, the assumption that  $\mathbb{P}$  is ergodic in blocks is not as severe as it may sound. For example, it is easy to see that any weakly mixing measure (in the ergodic-theoretic sense – see [13]) is ergodic in blocks.

*Proof of Theorem 3:* Given an arbitrary  $C_n$ , let  $\phi_n : A^n \rightarrow C_n$  be defined as in the proof of Theorem 1. For  $X_1^n \sim P_n$  define  $Y_1^n = \phi_n(X_1^n)$ , write  $Q_n$  for the (discrete) distribution of  $Y_1^n$ , and  $W_n(dx_1^n, dy_1^n) = P_n(dx_1^n) \delta_{\phi_n(x_1^n)}(dy_1^n)$  for the joint distribution of  $(X_1^n, Y_1^n)$ . Then  $E_{W_n}[\rho_n(X_1^n, Y_1^n)] = D$ , and by Jensen's inequality applied as in the discrete case

$$\begin{aligned} \log M^n(C_n) & \geq \sum_{y_1^n \in C_n} Q_n(y_1^n) \log \frac{M^n(y_1^n)}{Q_n(y_1^n)} \\ & = \int dW_n(x_1^n, y_1^n) \log \frac{dW_n(x_1^n, y_1^n)}{d(P_n \times Q_n)} + \sum_{y_1^n \in C_n} Q_n(y_1^n) \log M^n(y_1^n) \\ & = I(X_1^n; Y_1^n) + E_{Q_n}[\log M^n(Y_1^n)]. \end{aligned}$$

By the definition of  $R_n(D)$ , this is bounded below by  $R_n(D)$ . The second part follows immediately from the fact that  $R_n(D) \geq nR(D)$ , by Lemma 3 (ii).  $\square$

## 5 Proof of Theorem 4

The proof of the Theorem is given in 3 steps. First we assume that  $\mathbb{P}$  is ergodic in blocks, and for any  $D > D_{\min}^{(1)}$  we construct sets  $C_n$  satisfying (i) and (iii) with  $R_1(D)$  in place of  $R(D)$ . In the second step (still assuming  $\mathbb{P}$  is ergodic in blocks), for each  $D > D_{\min}$  we construct sets  $C_n$  satisfying (i) and (iii). In Step 3 we drop the assumption of the ergodicity in blocks, and for any  $D > D_{\min}$  we construct sets  $C_n$  satisfying (i) and (ii).

### 5.1 Step 1:

Let  $\mathbb{P}$  and  $D > D_{\min}^{(1)}$  be fixed, and let an arbitrary  $\epsilon > 0$  be given. By Lemma 3 we can choose a  $D' \in (D_{\min}, D)$  such that  $R_1(D') \leq R_1(D) + \epsilon/8$  and a probability measure  $Q^*$  on  $(\hat{A}, \hat{\mathcal{A}})$  such that

$$I^* + L^* \triangleq I_1(P_1, Q^*, D') + E_{Q^*}[\log M(Y)] \leq R_1(D) + \epsilon/8 \leq R_1(D) + \epsilon/4. \quad (22)$$

Also we can pick a  $W^* \in \mathcal{M}_1(P_1, Q^*, D')$  such that

$$H(W^* \| P_1 \times Q^*) \leq I^* + \epsilon/4. \quad (23)$$

As in the proof of Theorem 2, for  $n \geq 1$ , write  $Q_n^*$  for the product measure  $(Q^*)^n$ , and define

$$\mathcal{H}_n = \left\{ y_1^n \in \hat{A}^n : \frac{1}{n} \sum_{i=1}^n \log M(y_i) \leq L^* + \epsilon/4 \right\}.$$

Let  $\tilde{Q}_n$  be the measure  $Q_n^*$  conditioned on  $\mathcal{H}_n$ ,  $\tilde{Q}_n(F) = Q_n^*(F \cap \mathcal{H}_n) / Q_n^*(\mathcal{H}_n)$ , for  $F \in \hat{\mathcal{A}}^n$ . For each  $n \geq 1$ , let  $\{Y(i) = (Y_1(i), Y_2(i), \dots, Y_n(i)) ; i \geq 1\}$  be IID random vectors  $Y(i) \sim \tilde{Q}_n$ , and define

$$C_n = \{Y(i) : 1 \leq i \leq e^{n(I^* + \epsilon/2)}\}.$$

By the definition of  $\mathcal{H}_n$ , any  $y_1^n \in \mathcal{G}_n$  has  $M^n(y_1^n) \leq e^{n(L^* + \epsilon/4)}$ , so by (22)

$$M^n(C_n) \leq e^{n(I^* + \epsilon/2)} e^{n(L^* + \epsilon/4)} \leq e^{n(R_1(D) + \epsilon)}$$

and (i) of the Theorem is satisfied with  $R_1(D)$  in place of  $R(D)$ . Let  $X_1^n$  be a random vector with distribution  $P_n$ , and, as in the proof of Theorem 2, let  $i_n$  be the index of the first  $Y(i)$  that matches  $X_1^n$  within  $\rho_n$ -distortion  $D$ . To verify (iii) we will show that

$$i_n \leq e^{n(I^* + \epsilon/2)} \quad \text{eventually, } \mathbb{P} \times \mathbb{Q} - \text{a.s.}$$

where  $\mathbb{Q} = \prod_{n \geq 1} (\tilde{Q}_n)^{\mathbb{N}}$ , and this will follow from the following two statements:

$$\limsup_{n \rightarrow \infty} \frac{1}{n} \log \left[ i_n \tilde{Q}_n(B(X_1^n, D)) \right] \leq 0 \quad \mathbb{P} \times \mathbb{Q} - \text{a.s.} \quad (24)$$

$$\liminf_{n \rightarrow \infty} \frac{1}{n} \log \tilde{Q}_n(B(X_1^n, D)) \geq -(I^* + \epsilon/4) \quad \mathbb{P} - \text{a.s.} \quad (25)$$

The proof of (24) is exactly the same as the proof of (13) in the proof of Theorem 2. To prove (25), first note that by the law of large numbers  $Q_n^*(\mathcal{H}_n) \rightarrow 1$ , as  $n \rightarrow \infty$ , so (25) is equivalent to

$$\liminf_{n \rightarrow \infty} \frac{1}{n} \log Q_n^*(B(X_1^n, D) \cap \mathcal{H}_n) \geq -(I^* + \epsilon/4) \quad \mathbb{P} - \text{a.s.} \quad (26)$$

Let  $Y_1, Y_2, \dots$  be IID random variables with common distribution  $Q^*$ . For any realization  $x_1^\infty$  of  $\mathbb{P}$ , define the random vectors  $\xi_i$  and  $Z_n$  by

$$\begin{aligned}\xi_i &= (\rho(x_i, Y_i), \log M(Y_i)), \quad i \geq 1 \\ Z_n &= \frac{1}{n} \sum_{i=1}^n \xi_i, \quad n \geq 1.\end{aligned}$$

Also let  $\Lambda_n(\lambda)$  be the log-moment generating function of  $Z_n$ ,

$$\Lambda_n(\lambda) = \log E \left[ e^{\langle \lambda, Z_n \rangle} \right], \quad \lambda = (\lambda_1, \lambda_2) \in \mathbb{R}^2,$$

where  $(\cdot, \cdot)$  denotes the usual inner product in  $\mathbb{R}^2$ . Then for  $\mathbb{P}$ -almost any  $x_1^\infty$ , by the ergodic theorem,

$$\begin{aligned}\frac{1}{n} \Lambda_n(n\lambda) &= \frac{1}{n} \log E \left[ e^{\sum_{i=1}^n \langle \lambda, \xi_i \rangle} \right] \\ &= \frac{1}{n} \sum_{i=1}^n \log E_{Q^*} \left[ e^{\lambda_1 \rho(x_i, Y) + \lambda_2 \log M(Y)} \right] \\ &\rightarrow E_{P_1} \left\{ \log E_{Q^*} \left[ e^{\lambda_1 \rho(X, Y) + \lambda_2 \log M(Y)} \right] \right\}\end{aligned} \quad (27)$$

where  $X$  and  $Y$  above are independent random variables with distributions  $P_1$  and  $Q^*$ , respectively. Next we will need the following lemma. Its proof is a simple application of the dominated convergence theorem, using the boundedness of  $\rho$  and  $\log M$ .

LEMMA 4. *For  $k \geq 1$  and probability measures  $\mu$  and  $\nu$  on  $(A^k, \mathcal{A}^k)$  and  $(\hat{A}^k, \hat{\mathcal{A}}^k)$ , respectively, define*

$$\Lambda_{\mu, \nu}(\lambda) = \int \log \left\{ \int \left[ \exp \left( \lambda_1 \rho_k(x_1^k, y_1^k) + \lambda_2 \frac{1}{k} \log M^k(y_1^k) \right) \right] d\nu(y_1^k) \right\} d\mu(x_1^k),$$

for  $\lambda = (\lambda_1, \lambda_2) \in \mathbb{R}^2$ . Then  $\Lambda_{\mu, \nu}$  is convex, finite, and differentiable for all  $\lambda \in \mathbb{R}^2$ .

From Lemma 4 we have that the limiting expression in (27), which equals  $\Lambda_{P_1, Q^*}$ , is finite and differentiable everywhere. Therefore we can apply the Gärtner-Ellis theorem (Theorem 2.3.6 in [8]) to the sequence of random vectors  $Z_n$ , along  $\mathbb{P}$ -almost any  $x_1^\infty$ , to get

$$\liminf_{n \rightarrow \infty} \frac{1}{n} \log Q_n^*(B(x_1^n, D) \cap \mathcal{H}_n) = \liminf_{n \rightarrow \infty} \frac{1}{n} \log \Pr(Z_n \in F) \geq - \inf_{z \in F} \Lambda^*(z) \quad \mathbb{P} - \text{a.s.} \quad (28)$$

where  $F = \{z = (z_1, z_2) \in \mathbb{R}^2 : z_1 < D, z_2 < L^* + \epsilon/4\}$  and

$$\Lambda_{P_1, Q^*}^*(z) = \sup_{\lambda \in \mathbb{R}^2} [(\lambda, z) - \Lambda_{P_1, Q^*}(\lambda)]$$

is the Fenchel-Legendre transform of  $\Lambda_{P_1, Q^*}(\lambda)$ . Recall our choice of  $W^*$  in (23). Then for any bounded measurable function  $\phi : \hat{A} \rightarrow \mathbb{R}$  and any fixed  $x \in A$ ,

$$H(W^*(\cdot|x) \| Q^*(\cdot)) \geq \int \phi(y) dW^*(y|x) - \log \int e^{\phi(y)} dQ^*(y)$$

(see, e.g., Lemma 6.2.13 in [8]). Fixing  $x \in A$  and  $\lambda \in \mathbb{R}^2$  for a moment, take  $\phi(y) = \lambda_1 \rho(x, y) + \lambda_2 \log M(y)$ , and integrate both sides  $dP_1(x)$  to get

$$H(W^* \| P_1 \times Q^*) \geq \lambda_1 E_{W^*}(\rho) + \lambda_2 E_{Q^*}[\log M(Y)] - \Lambda_{P_1, Q^*}(\lambda).$$

Taking the supremum over all  $\lambda \in \mathbb{R}^2$  and recalling (23) this becomes

$$I^* + \epsilon/4 \geq H(W^* \| P_1 \times Q^*) \geq \Lambda_{P_1, Q^*}^*(D^*, L^*)$$

where  $D^* = \int \rho dW^* \leq D' < D$ , so

$$I^* + \epsilon/4 \geq \inf_{z \in F} \Lambda_{P_1, Q^*}^*(z).$$

Combining this with the bound (28) yields (26) as required, and completes the proof of this step.

## 5.2 Step 2:

Let  $\mathbb{P}$  and  $D > D_{\min}$  be fixed, and an arbitrary  $\epsilon > 0$  be given. By Lemma 3 we can pick  $k \geq 1$  large enough so that  $D_{\min}^{(k)} < D$  and  $(1/k)R_k(D) \leq R(D) + \epsilon/8$ . This step consists of essentially repeating the argument of Step 1 along blocks of length  $k$ . Choose a  $D' \in (D_{\min}^{(k)}, D)$  such that

$$\frac{1}{k}R_k(D') \leq \frac{1}{k}R_k(D) + \epsilon/16, \quad (29)$$

and a probability measure  $Q_k^*$  on  $(\hat{A}^k, \hat{\mathcal{A}}^k)$  achieving

$$I_k^* + L_k^* \triangleq \frac{1}{k}I_k(P_k, Q_k^*, D') + \frac{1}{k}E_{Q_k^*}[\log M^k(Y_1^k)] \leq \frac{1}{k}R_k(D'), \quad (30)$$

so that

$$I_k^* + L_k^* \leq R(D) + \epsilon/4. \quad (31)$$

Also pick a  $W_k^* \in \mathcal{M}_k(P_k, Q_k^*, D')$  such that

$$\frac{1}{k}H(W_k^* \| P_k \times Q_k^*) \leq I_k^* + \epsilon/4. \quad (32)$$

For any  $n \geq 1$  write  $n = mk + r$  for integers  $m \geq 0$  and  $0 \leq r < k$ , and define

$$\mathcal{H}_{n,k} = \left\{ y_1^n \in \hat{A}^n : \frac{1}{n} \sum_{i=1}^n \log M(y_i) \leq L_k^* + \epsilon/4 \right\}.$$

Write  $Q_{n,k}^*$  for the measure

$$\left[ \prod_{i=1}^m Q_k^* \right] \times [Q_k^*]_r,$$

where  $[Q_k^*]_r$  denotes the restriction of  $Q_k^*$  to  $(\hat{A}^r, \hat{A}^r)$ , and let  $\tilde{Q}_{n,k}$  be the measure  $Q_{n,k}^*$  conditioned on  $\mathcal{H}_{n,k}$ . For each  $n \geq 1$ , let  $\{Y(i) = (Y_1(i), Y_2(i), \dots, Y_n(i)) ; i \geq 1\}$  be IID random vectors  $Y(i) \sim \tilde{Q}_n$ , and let  $C_n$  consist of the first  $e^{n(I_k^* + \epsilon/2)}$  of them. As before, by the definitions of  $\mathcal{H}_{n,k}$  and  $C_n$ , and using (31), it easily follows that

$$\frac{1}{n} \log M^n(C_n) \leq R(D) + \epsilon$$

so (i) of the Theorem is satisfied. Let  $Y_1, Y_2, \dots, Y_n$  be distributed according to  $Q_{n,k}^*$ , and note that the random vectors  $Y_{ik+1}^{(i+1)k}$  are IID with distribution  $Q_k^*$  (for  $i = 0, 1, \dots, m-1$ ). Therefore, as  $n \rightarrow \infty$ , by the law of large numbers we have that with probability 1:

$$\frac{1}{n} \sum_{i=1}^n \log M(Y_i) \leq \left(\frac{m}{n}\right) \frac{1}{m} \sum_{i=0}^{m-1} \log M^k(Y_{ik+1}^{(i+1)k}) + \frac{kL_{\max}}{n} \rightarrow L_k^*. \quad (33)$$

Following the same steps as before, to verify (iii) it suffices to show that

$$\liminf_{n \rightarrow \infty} \frac{1}{n} \log \tilde{Q}_{n,k}(B(X_1^n, D)) \geq -(I_k^* + \epsilon/4) \quad \mathbb{P} - \text{a.s.}$$

and, in view of (33), this reduces to

$$\liminf_{n \rightarrow \infty} \frac{1}{n} \log Q_{n,k}^*(B(X_1^n, D) \cap \mathcal{H}_{n,k}) \geq -(I_k^* + \epsilon/4) \quad \mathbb{P} - \text{a.s.} \quad (34)$$

For an arbitrary realization  $x_1^\infty$  from  $\mathbb{P}$  and with  $Y_1^n$  as above, consider blocks of length  $k$ . For  $i = 0, 1, \dots, m-1$ , we write

$$\tilde{Y}_i^{(k)} = Y_{ik+1}^{(i+1)k} \quad \text{and} \quad \tilde{x}_i^{(k)} = x_{ik+1}^{(i+1)k}$$

so that the probability  $Q_{n,k}^*(B(X_1^n, D) \cap \mathcal{H}_{n,k})$  can be written as

$$Q_{n,k}^* \left\{ \left(\frac{mk}{n}\right) \frac{1}{m} \sum_{i=0}^{m-1} \rho_k(\tilde{Y}_i^{(k)}, \tilde{x}_i^{(k)}) + \frac{r}{n} \rho_r(Y_{n-r+1}^n, x_{n-r+1}^n) \leq D \right. \\ \left. \text{and} \quad \left(\frac{mk}{n}\right) \frac{1}{m} \sum_{i=0}^{m-1} \frac{1}{k} \log M^k(\tilde{Y}_i^{(k)}) + \frac{1}{n} \log M^r(Y_{n-r+1}^n) \leq L_k^* + \epsilon/4 \right\}.$$

Since we assume  $\rho(x, y) \leq \rho_{\max}$  and  $|\log M(y)| \leq L_{\max}$  for all  $x \in A$ ,  $y \in \hat{A}$ , then for all  $n$  large enough (uniformly in  $x_1^\infty$ ) the above probability is bounded below by

$$(Q_k^*)^m \left\{ \frac{1}{m} \sum_{i=0}^{m-1} \rho_k(\tilde{Y}_i^{(k)}, \tilde{x}_i^{(k)}) \leq D' + \epsilon/8 \quad \text{and} \quad \frac{1}{m} \sum_{i=0}^{m-1} \frac{1}{k} \log M^k(\tilde{Y}_i^{(k)}) \leq L_k^* + \epsilon/8 \right\}.$$

Now we are in the same situation as in the previous step, with the IID random variables  $\tilde{Y}_i^{(k)}$  in place of the  $Y_i$ , the ergodic process  $\{\tilde{X}_i^{(k)}\}$  in place of  $\{X_i\}$ , and  $D' + \epsilon/8$  in place of  $D$ . Repeating the same argument as in Step 1 and invoking Lemma 4 and the Gärtner-Ellis theorem,

$$\liminf_{n \rightarrow \infty} \frac{1}{n} \log Q_{n,k}^*(B(X_1^n, D) \cap \mathcal{H}_{n,k}) \geq - \inf_{z_1 < D' + \epsilon/8, z_2 < L_k^* + \epsilon/8} \Lambda_k^*(z_1, z_2) \quad \mathbb{P} - \text{a.s.} \quad (35)$$

where, in the notation of Lemma 4,  $\Lambda_k^*(z)$  is the Fenchel-Legendre transform of  $\Lambda_{P_k, Q_k^*}(\lambda)$ . Recall our choice of  $W_k^*$  in (32) and write  $D_k^* = \int \rho_k dW_k^* \leq D'$ . Then by an application of Lemma 6.2.13 from [8] together with (32) we get that

$$I_k^* + \epsilon/4 \geq \frac{1}{k} H(W_k^* \| P_k \times Q_k^*) \geq \Lambda_k^*(D^*, L_k^*),$$

and this together with (35) proves (34), concluding this step.

### 5.3 Step 3:

In this part we invoke the ergodic decomposition theorem to remove the assumption that  $\mathbb{P}$  is ergodic in blocks. Although somewhat more delicate, the following argument is very similar to Berger's proof of the abstract coding theorem; see pp. 278-281 in [2].

As in Step 2, let  $\mathbb{P}$  and  $D > D_{\min}$  be fixed, and let an  $\epsilon > 0$  be given. Pick  $k \geq 1$  large enough so that  $D_{\min}^{(k)} < D$  and  $\frac{1}{k} R_k(D) \leq R(D) + \epsilon/8$ , and pick  $D' \in (D_{\min}^{(k)}, D)$  such that (29) holds. Also choose  $Q_k^*$  and  $W_k^*$  as in Step 2 so that (30), (31) and (32) all hold.

Let  $\Omega = (A^k)^\mathbb{N}$ ,  $\mathcal{F} = (\mathcal{A}^k)^\mathbb{N}$ , and note that there is a natural 1-1 correspondence between sets in  $F \in \mathcal{A}^\mathbb{N}$  and sets in  $\tilde{F} \in (\mathcal{A}^k)^\mathbb{N}$ : Writing  $\tilde{x}_i = x_{ik+1}^{(i+1)k}$ ,

$$\tilde{F} = \{\tilde{x}_1^\infty : x_1^\infty \in F\}. \quad (36)$$

Let  $\mu$  be the stationary measure on  $(\Omega, \mathcal{F})$  describing the distribution of the “blocked” process  $\{\tilde{X}_i = X_{ik+1}^{(i+1)k} ; i \geq 0\}$ , where, since  $k$  is fixed throughout the rest of the proof, we have dropped the superscript in  $\tilde{X}_i^{(k)}$ . Although  $\mu$  may not be ergodic, from the ergodic decomposition theorem we get the following information (see pp. 278-279 in [2]).

LEMMA 5. *There is an integer  $k'$  dividing  $k$ , and probability measures  $\mu_i$ ,  $i = 0, 1, \dots, k' - 1$  on  $(\Omega, \mathcal{F})$  with the following properties:*

- (i)  $\mu = (1/k') \sum_{i=0}^{k'-1} \mu_i$ .
- (ii) Each  $\mu_i$  is stationary and ergodic.
- (iii) For each  $i$ , let  $\mathbb{P}^{(i)}$  denote the measure on  $(A^\mathbb{N}, \mathcal{A}^\mathbb{N})$  induced by  $\mu_i$ :

$$\mathbb{P}^{(i)}(F) = \mu_i(\tilde{F}), \quad F \in \mathcal{A}^\mathbb{N}$$

[recall the notation of (36)]. Then  $\mathbb{P} = (1/k') \sum_{i=0}^{k'-1} \mathbb{P}^{(i)}$ , and each  $\mathbb{P}^{(i)}$  is stationary in  $k'$ -blocks and ergodic in  $k'$ -blocks.

- (iv) For each  $0 \leq i \leq k'$  and  $j \geq 0$ , the distribution that  $\mathbb{P}^{(i)}$  induces on the process  $\{X_{j+n} ; n \geq 1\}$  is  $\mathbb{P}^{(i+j \bmod k')}$ .

For each  $i = 0, 1, \dots, k' - 1$ , let  $\mu_{i,1}$  denote the first-order marginal of  $\mu_i$  and write  $R(D|i) = R_1(D; \mu_{i,1}, \tilde{M})$  for the first-order rate function of the measure  $\mu_i$ , with respect to the distortion

measure  $\rho_k$ , and with mass function  $\widetilde{M} = M^k$ . Since  $W_k^*$  chosen as above has its  $A^k$ -marginal equal to  $P_k$  we can write it as  $W_k^* = V_k^* \circ P_k$  where  $V_k^*(\cdot|X_1^n)$  denote the regular conditional probability distributions. Write  $P_k^{(i)}$  for the  $k$ -dimensional marginals of the measures  $\mathbb{P}^{(i)}$ , and define probability measures  $W_k^{(i)}$  on  $(A^n \times \hat{A}^n, \mathcal{A}^n \times \hat{\mathcal{A}}^n)$  by  $W_k^{(i)} = V_k^* \circ P_k^{(i)}$ . Let  $D_i = \int \rho_k dW_k^{(i)}$  so that by Lemma 5 (iii),

$$\frac{1}{k'} \sum_{i=0}^{k'-1} D_i = \int \rho_k dW_k^* \leq D'. \quad (37)$$

Similarly, writing  $Q_k^{(i)}$  for the  $\hat{A}^k$ -marginal of  $W_k^{(i)}$  and applying Lemma 5 (iii),

$$\frac{1}{k'} \sum_{i=0}^{k'-1} \int \log M^k(y_1^k) dQ_k^{(i)}(y_1^k) = \int \log M^k(y_1^k) dQ_k^*(y_1^k) \quad (38)$$

and using the convexity of mutual information from Lemma 3 (iv),

$$\frac{1}{k'} \sum_{i=0}^{k'-1} H(W_k^{(i)} \| P_k^{(i)} \times Q_k^{(i)}) \leq H(W_k^* \| P_k \times Q_k^*). \quad (39)$$

For  $N \geq 1$  large enough we can use result of Step 1 to get  $N$ -dimensional sets  $B_i$  that almost-cover  $(\hat{A}^k)^N$  with respect to  $\mu_i$ . Specifically, consider  $N$  large enough so that

$$\frac{\max\{\rho_{\max}, L_{\max}, 1\}}{kN} < \min\{\epsilon/8, (D - D')/2\}. \quad (40)$$

For any such  $N$ , by the result of Step 1 we can choose sets  $B_i \subset (\hat{A}^k)^N$  such that, for each  $i$ ,

$$\mu_i([B_i]_{D_i}) \geq 1 - \epsilon_N, \quad \text{where } \epsilon_N \rightarrow 0 \text{ as } N \rightarrow \infty, \text{ and} \quad (41)$$

$$\widetilde{M}^N(B_i) \leq \exp\{N(R(D_i|i) + \epsilon/8)\}. \quad (42)$$

Now choose and fix an arbitrary  $y^* \in \hat{A}$ , and for  $n = k'(Nk + 1)$  define new sets  $B_i^* \subset \hat{A}^n$  by

$$B_i^* = \prod_{j=0}^{k'-1} [B_{i+j \bmod k'} \times \{y^*\}],$$

where  $\prod$  denotes the cartesian product. Then, by (40), for any  $x_1^n$ ,

$$\rho_n(x_1^n, B_i^*) < \frac{D - D'}{2} + \frac{1}{k'} \sum_{j=0}^{k'-1} \rho_{kN} \left( x_{j(kN+1)+1}^{j(kN+1)+kN}, B_{i+j \bmod k'} \right),$$

so by a simple union bound,

$$\begin{aligned} \mathbb{P}^{(i)}([B_i^*]_{D_i}) &\stackrel{(a)}{\geq} 1 - \sum_{j=0}^{k'-1} \left[ 1 - \mathbb{P}^{(i+j \bmod k')}([B_{i+j \bmod k'}]_{D_i}) \right] \\ &\stackrel{(b)}{=} 1 - \sum_{i=0}^{k'-1} \left[ 1 - \mu_i([B_i]_{D_i}) \right] \\ &\stackrel{(c)}{\geq} 1 - k' \epsilon_N, \end{aligned} \quad (43)$$



where we used (37) in (a), Lemma 5 (iv) in (b), and (41) in (c). Also, using the definition of  $B_i^*$  and the bounds (40) and (42),

$$\begin{aligned} \frac{1}{n} \log M^n(B_i^*) &\leq \frac{\log M(Y^*)}{kN+1} + \frac{1}{k'} \sum_{j=0}^{k'-1} \left[ \frac{1}{kN} \log \widetilde{M}^N(B_{i+j \bmod k'}) \right] \\ &\leq \epsilon/8 + \frac{1}{k'} \sum_{j=0}^{k'-1} \left[ \frac{1}{k} (R(D_j|j) + \epsilon/8) \right], \end{aligned}$$

but from the definition of  $R(D|j)$  and (39) and (38) this is

$$\begin{aligned} \frac{1}{n} \log M^n(B_i^*) &\leq \epsilon/4 + \frac{1}{k'} \sum_{j=0}^{k'-1} \left[ \frac{1}{k} H(W_k^{(j)} \| P_k^{(j)} \times Q_k^{(j)}) + \frac{1}{k} \int \log M^k(y_1^k) dQ_k^{(j)}(y_1^k) \right] \\ &\leq I_k^* + L_k^* + \epsilon/2 \\ &\leq R(D) + 3\epsilon/4, \end{aligned} \tag{44}$$

where the last inequality follows from (31). So in (43) and (44) we have shown that, for *all*  $i = 0, 1, \dots, k' - 1$ ,

$$\mathbb{P}^{(i)}([B_i^*]_D) \geq 1 - k'\epsilon_N \quad \text{and} \tag{45}$$

$$\frac{1}{n} \log M^n(B_i^*) \leq R(D) + 3\epsilon/4. \tag{46}$$

Finally we define sets  $C_n \subset \hat{A}^n$  by

$$C_n = \cup_{i=0}^{k'-1} B_i^*.$$

From the last two bounds above and (40), the sets  $C_n$  have

$$\frac{1}{n} \log M^n(C_n) \leq \frac{\log k'}{n} + R(D) + 3\epsilon/4 \leq R(D) + \epsilon,$$

and by Lemma 5 (iii),

$$P_n([C_n]_D) = \frac{1}{k'} \sum_{i=0}^{k'-1} \mathbb{P}^{(i)}([C_n]_D) \geq \frac{1}{k'} \sum_{i=0}^{k'-1} \mathbb{P}^{(i)}([B_i^*]_D) \geq 1 - \epsilon'_n$$

where  $\epsilon'_n = k'\epsilon_N$  when  $n = k'(Nk + 1)$ .

In short, we have shown that for any  $D > D_{\min}$  and any  $\epsilon > 0$ , there exist (fixed) integers  $k, k'$  and  $N_0$  such that:

$$(+) \quad \left\{ \begin{array}{l} \text{There is a sequence of sets } C_n, \text{ for } n = k'(Nk + 1), N \geq N_0, \text{ satisfying:} \\ (1/n) \log M^n(C_n) \leq R(D) + \epsilon \text{ for all } n, \text{ and} \\ P_n([C_n]_D) \rightarrow 1 \text{ as } n \rightarrow \infty. \end{array} \right.$$

Since this is essentially an asymptotic result, the restrictions that  $N \geq N_0$  and  $n$  be of the form  $n = k'(Nk + 1)$  are inessential. Therefore they can be easily dropped to give (+) for all  $n \geq 1$ , that is, to produce a sequence of sets  $\{C_n ; n \geq 1\}$  satisfying (i) and (ii) of Theorem 4.  $\square$

## Appendix

*Proof of Remark 1:* In view of part (i) of Theorem 2 and the remark that  $P^n([C_n]_D) \rightarrow 1$ , for every  $m \geq 1$  we can choose a sequence of sets  $\{C_n^{(m)}; n \geq 1\}$  such that

$$\begin{aligned} \frac{1}{n} \log M^n(C_n^{(m)}) &\leq R(D) + \frac{1}{m}, \quad \text{for all } m, n \geq 1, \text{ and} \\ P^n([C_n^{(m)}]_D) &\geq 1 - \frac{1}{m}, \quad \text{for all } m \geq 1, n \geq N(m), \end{aligned}$$

where  $N(m)$  is some fixed sequence of integers, strictly increasing to  $\infty$  as  $m \rightarrow \infty$ . So for each  $n \geq 1$  there is a unique  $m = m(n)$  such that  $N(m) \leq n < N(m+1)$ . Since  $\{N(m)\}$  is strictly increasing, the sequence  $\{m(n)\}$  is nondecreasing and  $m(n) \rightarrow \infty$  as  $n \rightarrow \infty$ . Define  $C_n^* = C_n^{m(n)}$  for all  $n \geq 1$ . From the last two bounds,

$$\begin{aligned} \frac{1}{n} \log M^n(C_n^*) &\leq R(D) + \frac{1}{m(n)}, \quad \text{for all } n \geq 1, \text{ and} \\ P^n([C_n^*]_D) &\geq \frac{1}{m(n)}, \quad \text{for all } n \geq N(m(n)). \end{aligned}$$

But since  $n$  is always  $n \geq N(m(n))$  by definition, and  $m(n) \rightarrow \infty$  as  $n \rightarrow \infty$ , this proves (i') and (ii'). Also, since  $\rho$  is bounded, (iii') immediately follows from (ii').  $\square$

*Proof outline of Lemma 1:* For part (i) it suffices to consider the case  $I(P, Q, D) < \infty$ , so we may assume that the set  $\mathcal{M}(P, Q, D)$  is nonempty. Since the marginals of any  $W \in \mathcal{M}(P, Q, D)$  are  $P$  and  $Q$ ,  $W$  is absolutely continuous with respect to  $P \times Q$ , so  $H(W \| P \times Q)$  is continuous over  $W \in \mathcal{M}(P, Q, D)$ . Since the sets  $\mathcal{M}(P, Q, D)$  are compact (in the Euclidean topology), the infimum in (8) must be achieved. A similar argument works for  $R(D)$ : Combining the two infima in its definition,

$$R(D) = \inf_{W \in \mathcal{M}(P, D)} \{H(W \| W_X \times W_Y) + E_{W_Y}[\log M(Y)]\}, \quad (47)$$

where  $\mathcal{M}(P, D) = \cup_Q \mathcal{M}(P, Q, D)$ . Since the sets  $\mathcal{M}(P, D)$  are compact, the infimum in (47) is achieved by some  $W^* \in \mathcal{M}(P, D)$ , and  $Q^* = W_Y^*$  achieves the infimum in (9).

For part (ii) recall the assumption that for all  $a \in A$  there is  $b = b(a)$  such that  $\rho(a, b) = 0$ . If we let  $W(a, b) = P(a) \mathbb{I}_{\{b=b(a)\}}$ , then  $W \in \mathcal{M}(P, D)$  for any  $D \geq 0$  and from (47),  $R(D) \leq E_{W_Y}[\log M(Y)] < \infty$  for all  $D \geq 0$ . Since the sets  $\mathcal{M}(P, D)$  are increasing in  $D$ ,  $R(D)$  is nonincreasing. To see that it is convex, let  $W \in \mathcal{M}(P, D_1)$  and  $W' \in \mathcal{M}(P, D_2)$  arbitrary. Given  $\lambda \in [0, 1]$  let  $\lambda' = 1 - \lambda$ , and write  $V = \lambda W + \lambda' W'$ . Then  $V \in \mathcal{M}(P, \lambda D_1 + \lambda' D_2)$  and the  $Y$ -marginal of  $V$ ,  $V_Y$ , is  $\lambda W_Y + \lambda' W'_Y$ . Recalling (47) and that relative entropy is jointly convex in its two arguments,

$$\begin{aligned} R(\lambda D_1 + \lambda' D_2) &\leq H(V \| V_X \times V_Y) + E_{V_Y}[\log M(Y)] \\ &\leq \lambda \{H(W \| W_X \times W_Y) + E_{W_Y}[\log M(Y)]\} + \lambda' \left\{ H(W' \| W'_X \times W'_Y) + E_{W'_Y}[\log M(Y)] \right\}. \end{aligned}$$

Taking the infimum over all  $W \in \mathcal{M}(P, D_1)$ ,  $W' \in \mathcal{M}(P, D_2)$ , and using (47) shows that  $R(D)$  is convex, and since it is finite for all  $D \geq 0$  it is also continuous.

The proof of (iii) is essentially identical to that of (ii), using the definition (8) in place of (47). The only difference is that  $I(P, Q, D)$  can be infinite, so its convexity (and the fact that it is nonincreasing) imply that it is continuous for  $D \geq 0$  except possibly at  $D = \inf\{D \geq 0 : I(P, Q, D) < \infty\}$ .

Part (iv) is a well-known information theoretic fact; see, e.g., Lemma 9.4.2 in [9].

For part (v) let  $W^*$  achieve the infimum in (47). Since relative entropy is nonnegative we always have  $R(D) \geq R_{\min}$ , with equality if and only if  $W_Y^*$  is supported on the set  $A' = \{y \in A : \log M(y) = R_{\min}\}$  and  $W^* = W_X^* \times W_Y^*$ . Clearly, these two conditions are satisfied if and only if

$$D \geq \inf\{E_{P \times Q}[\rho(X, Y)] : Q \text{ supported on } A'\},$$

but the right hand side above is exactly equal to  $D_{\max}$ .  $\square$

*Proof of Lemma 2:* If  $\gamma_i = 0$  then, as discussed in the proof of Theorem 2,  $F_i(\epsilon_1) = \{\delta_{a_i}\}$  for all  $\epsilon_1$  and

$$H(\delta_{a_i} \| Q^*) = -\log Q^*(a_i) \leq -\log P(a_i) < \infty.$$

If  $\gamma_i > 0$  then there must exist a  $b^* \in A$ ,  $b^* \neq a_i$ , such that  $W^*(b^* | a_i) > 0$ . Write  $d_{\max}$  for the maximum of  $\sum_b W^*(b | a_j) \rho(a_j, b)$  over all  $j = 1, \dots, m$ , and let  $\rho_{\min} = \min\{\rho(a, b) : a \neq b\}$ . For  $\alpha \in (0, 1)$ , let

$$Q_i(b) = \begin{cases} W^*(a_1 | a_i) + \alpha & \text{if } b = a_i \\ W^*(b^* | a_i) - \alpha & \text{if } b = b^* \\ W^*(b | a_i) & \text{otherwise.} \end{cases}$$

Then, for  $\epsilon_1$  small enough to make  $(\delta - \epsilon_1)\rho_{\min} > \epsilon_1 d_{\max}(1 + \epsilon_1)$ , it is an elementary calculation to verify that  $Q_i \in F_i(\epsilon_1)$  and  $H(Q_i \| Q^*) < \infty$ , as long as  $\alpha$  satisfies the following conditions:

$$\begin{aligned} \alpha &< 1 - W^*(a_i | a_i) \\ \alpha &< W^*(b^* | a_i) \\ \frac{\epsilon_1 d_{\max}}{\rho_{\min}} &< \alpha < \frac{\delta - \epsilon_1}{1 + \epsilon_1}. \end{aligned}$$

Taking  $W(a_i, b) = Q_i(b)P(a_i)$  we also have  $W \in F(\epsilon_1)$ .  $\square$

*Proof of Lemma 3:* Since the sets  $\mathcal{M}_n(P_n, Q_n, D)$  are increasing in  $D$ ,  $R_n(D)$  is nonincreasing in  $D$ . Next we claim that relative entropy is jointly convex in its two arguments. Let  $\mu, \nu$  be two probability measures over a Polish space  $(S, \mathcal{S})$ . In the case when  $\mu$  and  $\nu$  both consist of only a finite number of atoms, the joint convexity of  $H(\mu \| \nu)$  is well-known (see, e.g., Theorem 2.7.2

in [6]). In general,  $H(\mu\|\nu)$  can be written as

$$H(\mu\|\nu) = \sup_{\{E_i\}} \sum_i \mu(E_i) \log \frac{\mu(E_i)}{\nu(E_i)}$$

where the supremum is over all finite measurable partitions of  $S$  (see Theorem 2.4.1 in [14]). Therefore  $H(\mu\|\nu)$  is the pointwise supremum of convex functions, hence itself convex. As in (47), combining the two infima,  $R_n(D)$  can equivalently be written as

$$R_n(D) = \inf_{W_n \in \mathcal{M}_n(P_n, D)} \{H(W_n\|W_{n,X} \times W_{n,Y}) + E_{W_{n,Y}}[\log M^n(Y_1^n)]\} \quad (48)$$

where  $\mathcal{M}_n(P_n, D) = \cup_{Q_n} \mathcal{M}_n(P_n, Q_n, D)$ . Using this together with the joint convexity of relative entropy as in the proof of Lemma 1 (ii) shows that  $R_n(D)$  is convex. Since it is also nonincreasing and bounded away from  $-\infty$ ,  $R_n(D)$  is also continuous at all  $D$  except possibly at the point

$$D_{\min}^{(n)} = \inf\{D \geq 0 : R_n(D) < +\infty\}.$$

This proves (i). For (ii) notice that if  $R(D)$  exists then it must also be nonincreasing and convex in  $D \geq 0$  since  $R_n(D)$  is; therefore, it must also be continuous except possibly at  $D_{\min}$ .

For part (iii), let  $m, n \geq 1$  arbitrary, and let  $W_m \in \mathcal{M}_m(P_m, D)$  and  $W_n \in \mathcal{M}_n(P_n, D)$ . Define a probability measure  $W_{m+n}$  on  $(A^n \times \hat{A}^n, \mathcal{A}^n \times \hat{\mathcal{A}}^n)$  by

$$W_{m+n}(dx_1^{m+n}, dy_1^{m+n}) = W_m(dy_1^m | x_1^m) W_n(dy_{m+1}^{m+n} | x_{m+1}^{m+n}) P(dx_1^{m+n}).$$

Notice that  $W_{m+n} \in \mathcal{M}_{m+n}(P_{m+n}, D)$ , and that, if  $(X_1^{m+n}, Y_1^{m+n})$  are random vectors distributed according to  $W_{m+n}$ , then  $Y_1^m$  and  $Y_{m+1}^{m+n}$  are conditionally independent given  $X_1^{m+n}$ . Therefore,

$$\begin{aligned} R_{m+n}(D) &\stackrel{(a)}{\leq} H(W_{m+n}\|W_{m+n,X} \times W_{m+n,Y}) + E_{W_{m+n,Y}}[\log M^{m+n}(Y_1^{m+n})] \\ &= I(X_1^{m+n}; Y_1^{m+n}) + E_{W_{m+n,Y}}[\log M^{m+n}(Y_1^{m+n})] \\ &\stackrel{(b)}{\leq} I(X_1^m; Y_1^m) + I(X_{m+1}^{m+n}; Y_{m+1}^{m+n}) + E_{W_{m,Y}}[\log M^m(Y_1^m)] + E_{W_{n,Y}}[\log M^n(Y_1^n)] \end{aligned}$$

where (a) follows from (48) and (b) follows from the conditional independence of  $Y_1^m$  and  $Y_{m+1}^{m+n}$  given  $X_1^{m+n}$  (see, e.g., Lemma 9.4.2 in [9]). So we have shown that  $R_{m+n}(D)$  is bounded above by

$$H(W_m\|W_{m,X} \times W_{m,Y}) + E_{W_{m,Y}}[\log M^m(Y_1^m)] + H(W_n\|W_{n,X} \times W_{n,Y}) + E_{W_{n,Y}}[\log M^n(Y_1^n)],$$

and taking the infimum over all  $W_m \in \mathcal{M}_m(P_m, D)$  and  $W_n \in \mathcal{M}_n(P_n, D)$  yields

$$R_{m+n}(D) \leq R_m(D) + R_n(D). \quad (49)$$

[Note that in the above argument we implicitly assumed that we could find  $W_m \in \mathcal{M}_m(P_m, D)$  and  $W_n \in \mathcal{M}_n(P_n, D)$ ; if this was not the case, then either  $R_m(D)$  or  $R_n(D)$  would be equal to  $+\infty$ , and (49) would still trivially hold.] Therefore the sequence  $\{R_n(D)\}$  is subadditive and it follows that  $\lim_n (1/n)R_n(D) = \inf_n (1/n)R_n(D)$ . From this it is immediate that  $D_{\min} = \inf_n D_{\min}^{(n)}$ .

Part (iv) is a well-known information theoretic fact; see, e.g., Problem 7.4 in [2].  $\square$

## References

- [1] R.R. Bahadur. *Some Limit Theorems in Statistics*. SIAM, Philadelphia, PA, 1971.
- [2] T. Berger. *Rate Distortion Theory: A Mathematical Basis for Data Compression*. Prentice-Hall Inc., Englewood Cliffs, NJ, 1971.
- [3] R.E. Blahut. Hypothesis testing and information theory. *IEEE Trans. Inform. Theory*, 20(4):405–417, 1974.
- [4] J.A. Bucklew. The source coding theorem via Sanov’s theorem. *IEEE Trans. Inform. Theory*, 33(6):907–909, 1987.
- [5] J.A. Bucklew. A large deviation theory proof of the abstract alphabet source coding theorem. *IEEE Trans. Inform. Theory*, 34(5):1081–1083, 1988.
- [6] T.M. Cover and J.A. Thomas. *Elements of Information Theory*. J. Wiley, New York, 1991.
- [7] I. Csiszár and J. Körner. *Information Theory: Coding Theorems for Discrete Memoryless Systems*. Academic Press, New York, 1981.
- [8] A. Dembo and O. Zeitouni. *Large Deviations Techniques And Applications*. Springer-Verlag, New York, second edition, 1998.
- [9] R.M. Gray. *Entropy and Information Theory*. Springer-Verlag, New York, 1990.
- [10] L.H. Harper. Optimal numberings and isoperimetric problems on graphs. *J. Combinatorial Theory*, 1:385–393, 1966.
- [11] C. McDiarmid. On the method of bounded differences. In *Surveys in combinatorics (Norwich, 1989)*, pages 148–188. London Math. Soc. Lecture Note Ser., 141, Cambridge Univ. Press, Cambridge, 1989.
- [12] C. McDiarmid. Concentration. In *Probabilistic methods for algorithmic discrete mathematics*, pages 195–248. Algorithms Combin., 16, Springer, Berlin, 1998.

- [13] K. Petersen. *Ergodic Theory*. Cambridge University Press, Cambridge, 1983.
- [14] M.S. Pinsker. *Information and Information Stability of Random Variables and Processes*. Holden-Day, San Fransisco, 1964.
- [15] C.E. Shannon. Coding theorems for a discrete source with a fidelity criterion. *IRE Nat. Conv. Rec.*, part 4:142–163, 1959. Reprinted in D. Slepian (ed.), *Key Papers in the Development of Information Theory*, IEEE Press, 1974.
- [16] V. Strassen. Asymptotische Abschätzungen in Shannons Informationstheorie. In *Trans. Third Prague Conf. Information Theory, Statist. Decision Functions, Random Processes (Liblice, 1962)*, pages 689–723. Publ. House Czech. Acad. Sci., Prague, 1964.
- [17] M. Talagrand. Concentration of measure and isoperimetric inequalities in product spaces. *Inst. Hautes Études Sci. Publ. Math.*, No. 81:73–205, 1995.